

American Education Week



Could It Be Grief? Why Are We Feeling This Way?

Event type: Virtual Workshop
Target audience: Parents/Caregivers of all BCPS Students
Sponsored by: Parent University in collaboration with Gilchrist

| Title | Description | Dates & Times | Registration |
|---|--|--|---|
| Could It Be Grief? Why are we feeling this way? | Grief is a normal response to loss, change and transition. Typically expected after the death of a loved one, grief can be a surprise when it shows up at other times. Grieving is one's way to process what has been "taken" from us and our feelings that remain. In 2020, the world has been described as "collectively grieving". How have recent events impacted you? Have you noticed new feelings of sadness, anger, irritability, confusion or just generally feeling overwhelmed? You may be grieving. This presentation will offer information on grief and suggestions to balance the necessary grief process while taking care of day to day life. | Mon, November 9 th 11:00 am – 12:00 pm Or Wed, November 18 th 7:00 – 8:00 pm | Eventbrite Registration |

Internet Crimes Against Children

Event type: Online Workshop
Target audience: Parents/Caregivers of all BCPS Students
Sponsored by: Parent University in collaboration with [Maryland Dept of State Police ICAC Task Force](#)

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| Title | Description | Dates & Times | Registration |
|----------------------------------|--|--|-------------------------------|
| Internet Crimes Against Children | Parents will have a better understanding of social media, online communities, issues of security and the pitfalls of what can be encountered online. A representative from the Internet Crimes Against Children Task Force will share new and old trends involving computer and cell phone applications and will present examples from cases the detective has been a part of. | Tue, November 17 th 6:00 – 7:00 PM | Register Here |

Writing Readiness, Preparing Early Childhood Students for Writing Success

Event type: Virtual Workshops
Target audience: Parents/Caregivers
Sponsored by: Parent University in collaboration with other BCPS Offices

| Title | Description | Dates & Times | Registration |
|---|---|--|---|
| Writing Readiness, Preparing Early Childhood Students for Writing Success | In this session we will learn about the developmental stages of writing and identify ways to strengthen the skills needed for writing. Families will learn ways to promote writing readiness skills at home. Presented by Danielle Verderaime, Early Childhood Special Education Resource Teacher, from the BCPS Office of Early Childhood. | Monday, November 16 1:30 pm Or Thursday, November 19 1:30 pm | Eventbrite Registration |

NAMI- Online Classes & Support Groups

Event type: Online Class
Link: NAMIBaltimore.org
Target audience: Adults 18+
Sponsored by: National Alliance on Mental Illness

| Title | Description | Dates & Times | Registration |
|-----------------------|--|--|-------------------------------|
| NAMI Family-to-Family | NAMI Family-to-Family is a free, 8-session educational program for family, significant others and friends of people living with a mental health condition. It is a designated evidence-based program that includes presentations, discussion and interactive exercises. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual | Saturdays October 24 th – December 19 th 2:00 – 4:00 pm | Register Here |

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| | living with a mental health condition. NAMI Family-to-Family provides critical information and strategies for taking care of the person you love. | | |
| NAMI Peer-to-Peer Class | NAMI Peer-to-Peer is a free, 8-session education program for adults living with a mental health condition who are looking to better understand their condition and journey toward recovery. Taught by a trained team of people who've been there, the program includes presentations, discussion and interactive exercises. | Sundays November 1 st – December 20 th 2:00 – 4:00 pm | Register Here |
| NAMI Basics | NAMI Basics is a free, 6-session education program for parents and family caregivers of children and teens who are experiencing mental health issues. You'll learn the facts about mental health conditions and how best to support your child at home, at school and when they're getting medical care. This peer-led program provides critical strategies for taking care of your child and learning the ropes of recovery. | Tuesdays November 10 th – December 15 th of the month 6:00 – 8:30 pm | Register Here |
| Phone Counseling | FREE Phone Counseling to all Baltimore County residents. Participants may be eligible for FREE quit smoking nicotine replacement products. English: 443-324-6417 Spanish: 443-257-8384 | 8:30 AM - 4:30 PM | None Required |

Policy/Rule 1270 Feedback Meetings

Event type: Input Meeting
Target audience: BCPS Stakeholders, including Families/Caregivers of BCPS Students
Sponsored by: BCPS Office of Family & Community Engagement and Office of Title I

| Description | Dates & Times | Registration |
|--|---|---|
| Baltimore County Public Schools would like to invite you, as a parent representative, to join us for the annual review of Policy and Rule 1270 titled <i>Parent and Family Engagement</i> . This annual review is an opportunity for you to provide input regarding the parent and family involvement policy. You are invited to attend any of the virtual meetings listed below. Copies of the parent involvement policy and rule are enclosed so that you may review these documents prior to the annual review meeting. | Mon, November 16th 6:30 pm Thurs, November 16 th 10:00 am | Eventbrite Registration |

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| | Fri, November 20 th 3:00 pm | |
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Special Education Resource Center- Parent Workshops

Description: Free workshops designed to address parent and caregiver needs to care for themselves, their family and their child.

Event type: Virtual Workshops

Target audience: Parents/caregivers of children with behavioral health issues.

Link: [SERC Website](#) and new phone number (443) 809-5443

| Title | Description | Dates & Times | Registration |
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| Help, My Child Is Anxious! Understanding Anxiety and How to Help Your Anxious Child | An overview of anxiety disorders and how they develop will be discussed. Additionally, the speaker will address common difficulties seen in anxious children; current treatments options for anxiety; and what parents can do to help their anxious child. | Thurs, November 5th 7:00 – 8:30 pm Sat, November 21st 11:00 am – 12:30 pm | Eventbrite Registration |
| 1 in 52 Who do You Know? Autism Spectrum Disorder | 1 in 52 children in Maryland are diagnosed with Autism Spectrum Disorder (ASD). Undoubtedly, you are interacting with someone with Autism whether in your home, your neighborhood, your school or your workplace. Understanding ASD is one way to improve your interactions with someone on the spectrum. Our presentation will provide a practical and experiential opportunity for you to learn strategies and tips for success. Presented by Trish Kane, Deputy Director and Neal Lichter, Program Director, Pathfinders for Autism | Thurs, November 12th 7:00 – 8:30 pm | Eventbrite Registration |
| ABLE Accounts: A Savings Tool to Promote Independence and Financial Stability for Your Child's Future | Maryland ABLE is a way to help people with qualifying disabilities and their families save for everyday needs, save and invest in a tax-free account, and prepare for the future without losing state or local benefits such as SSI and Medicaid Waiver services. Join us to learn about eligibility criteria, enrollment, account management, tax benefits and how to use an ABLE account to pay for qualified disability expenses. Presented by Kelly Nelson, Outreach & Communications Manager for Maryland ABLE | Wed, December 2nd 11:00 am – 12:30 | Eventbrite Registration |